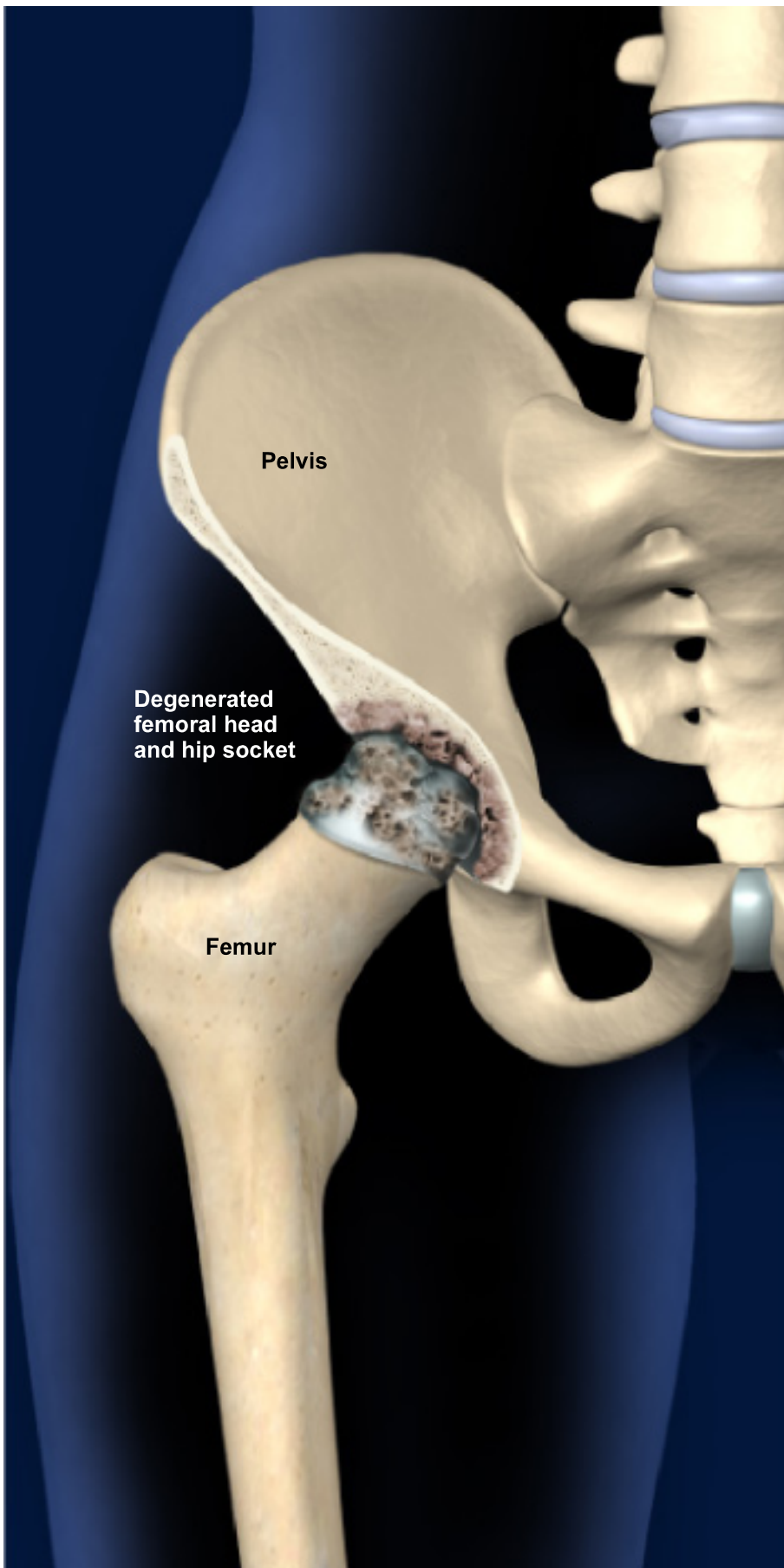


## DEGENERATIVE JOINT DISEASE (OSTEOARTHRITIS OF THE HIP)



### Overview

This condition is a wearing away of cartilage in the hip joint caused by arthritis, which can develop because of trauma, infection, age or autoimmune disorders.

### Causes

Arthritis can cause the protective cartilage on the head of the femur or the cup of the acetabulum to wear away or become deformed, allowing bone to rub against bone. This can interfere with the joint's normal range of motion and cause intense pain.

### Symptoms

The most common symptom of degenerative joint disease is pain in the groin, buttocks, thigh, or knee. This pain may increase during activity and decrease at rest. Other symptoms may include stiffness and difficulty walking.

### Treatment

Treatment options include cortisone injections, non-steroidal anti-inflammatory medications, use of a splint or brace, exercise, weight management, and modification of daily activities. Surgery may be needed.